



City of North Miami Beach
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FOR IMMEDIATE RELEASE

The City of North Miami Beach and the Commission on the Status of Women Liaison Commissioner Fortuna Smukler host the 8th Annual Heart Health Walk

North Miami Beach, FL – February 7, 2022 – The City of North Miami Beach and the Commission on the Status of Women Liaison Commissioner Fortuna Smukler will host the 8th annual *Heart Health Walk* on Sunday, February 20, 2022. The walk and health fair will take place from 9:00 a.m. to 1:00 p.m. at the Senator Gwen Margolis Amphitheater (located at 16501 NE 16th Avenue, North Miami Beach, FL 33162). Registration and check-in will begin at 8:00 a.m.

The City of North Miami Beach is dedicated to promoting healthy and active lifestyles. Since cardiovascular disease and stroke are two of the major leading causes of disability and death in the United States, the *Heart Health Walk* aims to bring the community together while getting hearts pumping, honoring survivors, and raising lifesaving awareness. After a warm up session with K&D Total Body Fitness, participants will enjoy a 2.6 mile walk around the beautiful Snake Creek Canal, music by DJ Mix Dhatt Entertainment, food vendors, health information booths, raffles, prizes, entertainment, and more. The walk will be emceed by **Bobeth Yates**, News Reporter at CBS4 Miami. Confirmed special guests include Miami-Dade County Commissioner **Sally Heyman**, City of North Miami Beach Mayor and Commissioners as well as City Manager Arthur H. Sorey III.

“A healthy heart will give you the courage to face and overcome any challenges in life. We’re looking forward to making this year’s heart walk extra special” stated Liaison Commissioner Fortuna Smukler.

This year’s *Heart Health Walk* is sponsored by the City of North Miami Beach Community Redevelopment Agency (NMB CRA), The Macken Company, and Aetna. The event is free and open to all ages. For additional event information, contact the City of North Miami Beach Division of Public Affairs at (305) 787-6028. To RSVP online, visit [NMBHeartHealthWalk.Eventbrite.com](https://www.eventbrite.com/e/nmb-heart-health-walk-2022). To schedule an interview with Vice Mayor Fortuna Smukler or to cover the event, email your request to Susset Cabrera at susset.cabrera@citynmb.com.

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About the City of North Miami Beach

Truly at the “Crossroads of South Florida,” North Miami Beach is located midway between Miami and Ft. Lauderdale and adjacent to the Golden Glades Interchange where I-95, Florida’s Turnpike, and the Palmetto Expressway meet. The central location, easy access, and major arteries including West Dixie Highway, Biscayne Boulevard, and 163rd Street, have transformed North Miami Beach into one of South Florida’s best

known regional destinations for dining, shopping, and business ventures. The City is operated by 460 full-time employees and 10 departments. For more information, visit www.CityNMB.com.